## MEET CHARESSA

Speaker Press Kit



Bio

Charessa is an experienced Executive Director with over a decade of proven success working in the Event Production, Radio & Film, and Public Speaking arenas. She stands as the Editor and Chief of Event Therapy Magazine and host of the Event Therapy Lounge at conferences across the nation.

The Philosophy

"I pride myself on always finding the balance & peace in such a fastpaced, stress inducing industry. Combining both my background in mental health and social work, I live to enlighten society to the importance of not only the care for others, but true care for self."







- Social Media and Self care in the Entrepreneurial World
- Practicing Inner Peace
- Boundaries & Burnout
- Self identifying in an overcrowded industry

LET'S KEEP IN TOUCH

Phone: (<u>866) 262-4555</u>
Social: @eventtherapynetwork
Website: www.eventtherapynetwork.com



EVENT Therapy

CHAR E UP



MASTERING RELATIONSHIPS AND BUILDING
NETWORKS IN BUSINESS ARE KEY TO YOUR
VISION'S HARVEST

Benefits of Receiving *Event Therapy*™ *Coaching* 

THE BENEFITS OF CHOOSING YOU



Improve Mental Health Habits & Mood



Improve Physical Well-Being



Develop Better Work-Life Balance & Boundries



Resolve Problems with Guidance and Support



Access to a Network of Industry Professionals



Enhance Business Practices and Processes



Gain Knowledge of Successful Event Curation



Access Event Resources & Rental Supplies

EVENT Therapy

SCVPRODS.COM CHARGEUPCAMPAIGN.COM





# BOOKING & Booking

Speaking Fees for 2023 are: \$1800 plus any required air, hotel accommodations and transfers.

Request rates for our Event Therapy Lounge, hosted by Charessa Sawyer.

#### Please forward all inquires to:

Phone: (866) 262-4555 Social: @eventtherapynetwork Website: <u>www.eventtherapynetwork.com</u>

#### **Equipment**

All of my presentations are graphically designed and converted into PDF format to ensure a clear and impactful experience for our audience.

I typically require a lavaliere microphone, confidence monitor(s) and a remote clicker.

# PREVIOUS SPEAKING ENGAGEMENTS







# catersource



### **AND MORE:**









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